

## Intervention and Monitoring of Social, Emotional and Mental Health Support



### CLASSROOM SUPPORT

Have a CALM conversation linked to restorative approach (whole school behaviour policy)  
 Praise effort not outcome  
 Catch good choices  
 Tactical ignoring/praise those around them to reinforce positive behaviours  
 Regular contact with parents  
 Specific seating in the classroom  
 Calm area available – personalised dens and areas within the classroom  
 In class brain breaks  
 Iceberg – gather children's views  
 Personalised reward system  
 Proud book  
 Positive reinforcement from SLT  
 Communication book  
 Zones of regulation  
 Worry book  
 Traffic light cards to communicate  
 PSHE trick box cards  
 PSHE planning (SCARF) – *child of the day, class VIP*  
 Emotion coaching – use of scripts – *I can see you're feeling*  
 Fiddle toys  
 Sensory bags

**INTERNAL  
REFERRAL**

### PHASE LEADER / SENCO INTERVENTIONS

Support with providing boundaries and positive reinforcement  
 Coordinate external agency involvement.  
 Parent meetings.  
 Create individual behaviour plans  
 Monitor ABCC  
 Provide coaching to staff  
 Team problem solving  
 SEN assessments  
 Reasonable adjustments / access arrangements  
 LSA support  
 Participation in clubs and activities  
 Refer to external agencies / Early help as needed  
 Mapping the school

### ELSA / HSLW INTERVENTIONS

Meet with parents / carers  
 Iceberg activity  
 CBT / Managing worries and fears  
 Recognising feelings and body mapping  
 Self-esteem / recognising strengths  
 Social skills  
 Circle of friends  
 Play therapy  
 Comic strip conversations  
 Talk about programme  
 Parenting Puzzle

### LEARNING SUPPORT STAFF INTERVENTIONS

Pre-teaching  
 Bucket time  
 Listening skills  
 Feelings check in / calm time  
 Meet and greet  
 THRIVE tasks  
 Therapy dog  
 Pre-teaching to boost self esteem

**EXTERNAL  
REFERRAL**

### EXTERNAL AGENCY INVOLVEMENT

Children's services / Early Help Hub  
 Young Carers  
 Virtual school  
 Family Support Workers  
 Child and Adolescent Mental Health Services (CAMHS).  
 Educational psychology  
 Psicon  
 Primary Behaviour support  
 School nurse – well-being team  
 The Moving on Project (counselling)

### TOOLS USED TO MONITOR EFFECTIVENESS AND IMPACT:

Observations of children's engagement in play and learning  
 Child and parent views – through discussion and 1-10 scales  
 Use of strength and difficulty questionnaires  
 'Talk about' pre and post assessments  
 Parent feedback questionnaires  
 Parent voice forms  
 Strength and difficulty questionnaires  
 Provision map and action plan reviews  
 Social and Emotional progression tools from outreach support  
 Monitoring incidents of behaviour