

Essential Information Bed Making! Kit List Security Medication Food



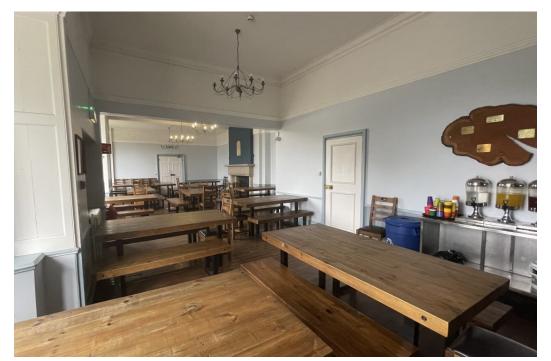


Sample Menu



Fresh Fruit available every

	Dunaldard	Lunch	Dinner	Decemb
	Breakfast	All lunch & dinner menus offer jacket potato with additional toppings and a salad bar.		Dessert
Monday	Cooked breakfast: Sausages, bacon, fried egg, hash browns, beans, toast and Cereal.	Chicken/Quorn Nuggets with Chips & mixed veg.	Spaghetti & meat/meatless balls with garlic bread & seasonal veg.	Cookie & Cream
Tuesday	Cooked breakfast: Sausages, bacon, fried egg, hash browns, beans, toast and Cereal.	Pulled Pork/Quorn Tacos with Shredded Lettuce, Guacamole & Salsa	Chicken/Vegetable Curry with Rice & Poppadum.	Apple Crumble & Custard
Wednesday	Continental breakfast: Pancakes with Chocolate Sauce/Maple Syrup, Sausages, bacon, toast and Cereal	Chicken & bacon pasta, Tomato & basil pasta with French bread & Green Beans.	Roast Chicken/Stuffed Peppers with roast potatoes, stuffing, seasonal veg & gravy.	Chocolate Brownie & ice cream
Thursday	Cooked breakfast: Sausages, bacon, fried egg, hash browns, beans, toast and Cereal.	Homemade pizza with curly fries, peas & sweetcorn.	BBQ Burger/Veggie Burger, Corn on the Cob, Pasta Salad & Coleslaw.	Ice cream pots
Friday	Cooked breakfast: Sausages, bacon, fried egg, hash browns, beans, toast and Cereal.	Gammon/Falafel with Fried Egg, New Potatoes and Peas.	Lasagne/Veggie Lasagne with Garlic bread & seasonal veg.	English Trifle











Activities Low Ropes Bottle Rockets Disco BBQ Pioneering Art in the Environment



















Self-led Activities... Quiz Hike Campfire **Sports** Movie Orienteering







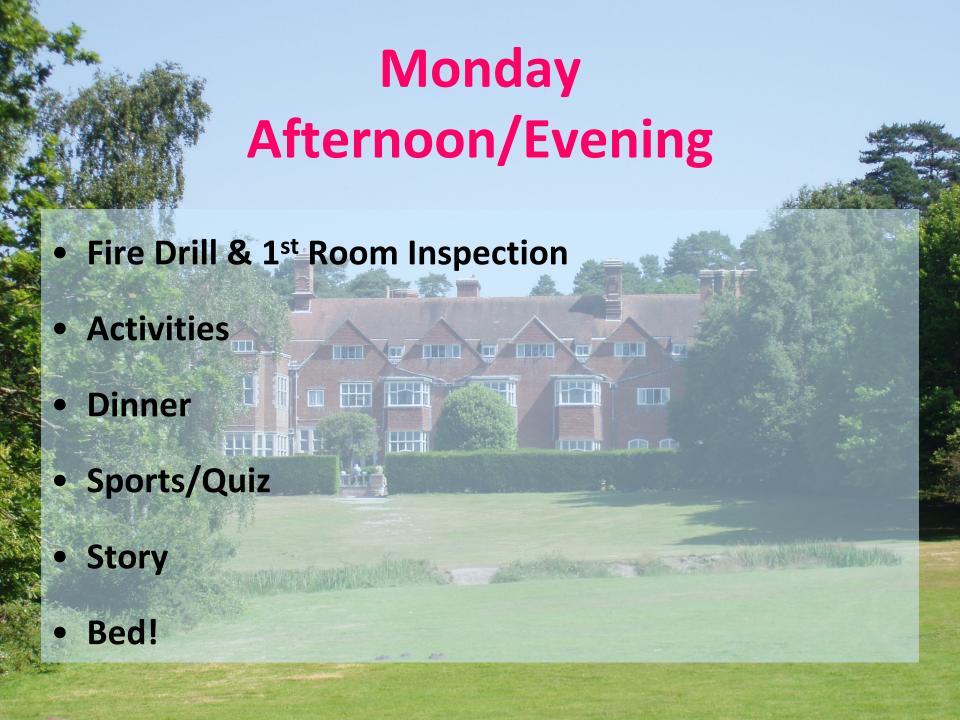






Monday Morning

- Children arrive at school 9:30am
- Leave Wickham 10am
- Arrive Avon Tyrrell 11.30 tour of grounds.
- Welcome by Avon Tyrrell
- Find out rooms
- Unpack and MAKE beds!
- Lunch



Tuesday Breakfast and Room Inspection Activities Lunch Activities Dinner **Games/Campfire** Story & Bed

Wednesday **Breakfast and Room Inspection** Activities • Hike! (Picnic lunch) Dinner **Movie Night** Story & bed

Thursday

Breakfast and Room Inspection Activities Lunch Activities Dinner Glam up for disco! Disco Story & Bed

Friday

- Breakfast & Packing
- Final room inspection
- Activities
- Packed lunch in Avon Tyrrell grounds
- Depart Avon Tyrrell 12.00pm
- Arrive Wickham at around 1.30pm
- SLEEP!